

6" CIRCLE:

DRILL 2: FROM COMPRESSED, PUSH OUT & ONE ROUND (DO 2X)
(START SLOW. PRACTICE FORM. SLOWLY SPEED UP UNTIL YOU MISS,
THEN DIAL IT BACK AND DO IT ONCE MORE.)

5 ROUNDS

1



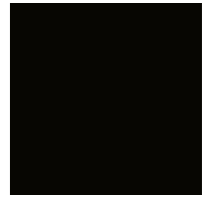
SLOW SHOTS. LAND ALL
ROUNDS IN THIS BLACK SQUARE
TAKE YOUR TIME, GET YOUR HITS

2



5 ROUNDS

4



SLOW SHOTS. LAND ALL
ROUNDS IN THIS BLACK SQUARE
TAKE YOUR TIME, GET YOUR HITS

3



6" CIRCLE:

DRILL 3: DRAW FROM HOLSTER, FIRE ONE SHOT IN CIRCLE
(RUN DRILL 1 TWO TIMES)

DRILL 4: DRAW FROM HOLSTER, FIRE TWO RAPID SHOTS IN CIRCLE
(RUN DRILL 2 TWO TIMES)

DRILL 5: DRAW, SHOOT SIX RAPID SHOTS INTO CIRCLE
DRILL 6 (OPTIONAL):

RELOAD DRILLS. 1 ROUND, RELOAD AND FIRE 2 FOLLOW
UP SHOTS.

